



SPA & WELLNESS - 2024

# ANMET

NATURE RETREAT





# MENU

\*Private customized sessions available.

## MASSAGES

Classic Swedish Massage  
Deep Tissue Massage  
Sports Massage  
Hot Stone Massage  
Thai Massage

60 - 90 - 120 min

\$ 130 - \$ 180 - \$ 230  
\$ 130 - \$ 180 - \$ 230  
\$ 130 - \$ 180 - \$ 230  
\$ 210 - \$ 260  
\$ 210 - \$ 260

## FACIALS

Cleansing Facial  
Anti-aging Facial

60 min \$ 160  
90 min \$ 200

## MANICURE & PEDICURE

Manicure  
Pedicure  
Mani & Pedi

\$ 55  
\$ 75  
\$ 120

## HAIR & MAKEUP

Regular Makeup  
Bride Makeup  
Hair Styling

\$ 200  
\$ 300  
\$ 120



Treatment prices are in USD and are subject to change.  
Prices do not include 16% tax. Gratuity is not included.



# AMET WELLNESS EXPERIENCES

## YOGA


Immerse yourself in daily yoga flows or choose from various guided options like Vinyasa, Yin, Hatha, and Ecstatic Dance. Enhance your stay with moving meditations that foster profound well-being. (Book 48 hrs prior)

## WELLNESS EXPERIENCES

Functional Training | TRX | HIIT | Zumba | Aqua Fitness | Stretching | Pilates | Salsa Class | Kids Zumba + Pilates (Book 48 hrs prior)







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